

MENTAL well-being

# JOIN US

## REACH COMMUNITY CONVERSATION SERIES

TOPIC 1

Join us for QPR TRAINING,  
conducted by the Lenape Valley Foundation

January 15, 2026 at 6:00 pm or  
January 24, 2026 at 2:00 pm

VIA Auditorium • 100 North Broad Street • Doylestown

## WHAT IS QPR TRAINING?

QPR is a nationally recognized evidence-based suicide prevention training program. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, **people trained in QPR learn** how to recognize the warning signs of a suicide crisis and how to **QUESTION, PERSUADE, and REFER** someone to help. Say "Yes" to saving the life of a friend, colleague, family member, or neighbor.

REACH

POWERED BY THE



Village Improvement  
Association of Doylestown

RSVP HERE!

